

Welcome to the **Parishes of St. Alphonsus, St. Jerome's and Holy Angels**
For The Week of March 14th-20th
Fourth Sunday of Lent

Saturday, March 14th, 4:00PM, St. Jerome's
+Deceased Members of Glynis LoboFamily by Glynis Lobo

Saturday, March 14th, 6:00PM, Holy Angels
+William Barr by Sarah Barr

Sunday, March 15th, 9:00AM, St. Alphonsus
The People of the Parish

Sunday, March 15th, 11:00AM, Holy Angels
+Bill Lattimer by Holy Angels CWL

Mass Intentions / To help the office, when you wish to have a mass offered, would you please indicate the parish where you would like the mass, the time, and if using a cheque, make payable to: **St. Alphonsus Church.**

Thank you for your assistance.

Weekend Offertory Total for February 7/8th:

St. Jerome's \$ 377.00
St. Alphonsus \$1,906.00
Holy Angels \$1,543.00

Weekend Offertory Total for February 14/15th:

St. Jerome's \$ 407.00
St. Alphonsus \$1,401.00
Holy Angels \$1,543.00

Weekend Offertory Total for February 21/22nd:

St. Jerome's \$ 654.00
St. Alphonsus \$1,361.00
Holy Angels \$1,343.00

Weekend Offertory Total for February 28/Mar 1st:

St. Jerome's \$ 612.00
St. Alphonsus \$1,011.00
Holy Angels \$2,513.00

Our Mass Intentions
For The Week of March 21st-27th
Fifth Sunday of Lent

Saturday, March 21st, 4:00PM, St. Jerome's
+Deceased Members of the Stogre Family
by Mary Lou Stogre

Saturday March 21st, 6:00PM, Holy Angels
+Sandra McKee by Bill McKee

Sunday, March 22nd, 9:00AM, St. Alphonsus
+Alana Painter by Kris & Fred Edwards

Sunday, March 22nd, 11:00AM, Holy Angels
The People of the Parish

WORLD YOUTH DAY 2027

Anyone interested in World Youth Day 2027 are invited to attend an information session on March 11th at 7:00 PM. Please email FrStephenDecarlo@peterboroughdiocese.org to register. While some details are still being finalized, this meeting will allow us to ask the ques-

FORMED.org LENT

Reminder our free streaming platform, FORMED.org has many great Lent resources! Use this to enrich this time of penance and preparation for Easter. Did you know that the platform also has a **Spanish section?** A family section? Documentaries? A Saint section and more!!! Sign-up today its **FREE** in our Diocese!

Our Mass Intentions
For The Week of March 28th-April 3rd
Palm Sunday of the Passion of the Lord

Saturday, March 28th, 4:00PM, St. Jerome's
+Moira Mooney by Marijke Vreeburg

Saturday, March 28th, 6:00PM, Holy Angels
The People of the Parish

Sunday, March 29th, 9:00AM, St. Alphonsus
+Alana Painter by Pat & Sharon Convey

Sunday, March 29th, 11:00AM, Holy Angels
+J.P. Legault by Michel & Luanne Legault

Holy Thursday

April 2nd
To be announced

Good Friday

April 3rd,
To be announced.

FRAGRANCES AND SCENTS

Fragrances and scents are found in a wide range of products. To protect those individuals with sensitivities to fragrances and scents, we are asking for your cooperation to create a "fragrant/scent-aware" environment at our Churches.



"Could you not watch one hour with Me?"

Matthew 26:40

JOURNEY THROUGH LENT WITH BISHOP MIEHM

As we journey through Lent 2026, I am pleased to inform you that the Second Sunday of Lent video of the series titled "Journey through Lent" is now available on the CCCB website:

in English: <https://www.cccb.ca/len/>

in French: <https://www.cccb.ca/careme/>



Have you suffered the loss of a child from abortion, or the abortion pill? If grief, sadness, or shame has kept you alone in this, know that you are not alone, and that there is healing for you. Project Rachel at the Refuge will hold a retreat for post-abortive women in late April, 2026. Here you will find a beautiful, natural setting, companionship, and a welcome free of judgment or condemnation – healing is possible. Call 613-473-2679 in confidence, and see stmmarysrefuge.org/rachel

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"Then he returned to his disciples and said to them, 'Are you still sleeping and taking your rest? Behold, the hour is at hand when the Son of Man is to be handed over to sinners.'"

Matthew 26:45



STATIONS OF THE CROSS DURING LENT:

Please join us every Friday during Lent at 3pm at **St. Alphonsus** parish for the Stations of the Cross starting February 20th until March 27th.

ST. ALPHONSUS LENTEN FOOD DRIVE:

A different "feature item" requested for each of the 6 weeks. Details to follow.

KNIGHTS OF COLUMBUS HOLY ANGELS COUNCIL - 40 Cans for Lent:

During Lent the Council will be gathering non-perishable food items for the Brighton Fare Share Food Bank. Again, we invite our fellow parishioners to join in this campaign. Collect 40 food items (cans/boxes/packages) during Lent. Collected items may be dropped off at the Holy Angels Hall between 10:00-12:00 am on Tuesday, March 24, 2026 or contact a Knight in your parish and arrange for a convenient way to get the items delivered to the Council. We intend to deliver the items to the Food Bank on Wednesday 25 April – before Easter. If you do not wish to support the Knights program consider doing this on your own. **40 Cans For Lent** - easy to remember and easy to do.

LENTEN PRACTICES

As we approach the season of Lent (Ash Wednesday is on Feb. 18, this year), it's a good time to consider the traditional practices of a Fast and of Abstinence.

Fasting is not necessarily giving up all food and drink. We may fast by cutting back to one regular meal and two smaller meals which would not, if combined, be larger than the main meal. Snacking between meals would defeat the purpose. The rule of fasting on Ash Wednesday and on Fridays in Lent applies to all healthy Catholics between 18 and 59 years of age.

Abstinence refers to giving up meat (beef, pork, chicken and fowl) and is required of all Catholics 14 years and older, on Ash Wednesday and the Fridays of Lent. This practice is highly recommended for all Fridays of the year, in honour of Our Lord's sacrifice for us on a Friday.

Praying for our Friends and Family



Let us call to mind and include in our prayers, those who are in need of God's aid and grace, especially, **Kaylin Clarke, Larry Hoover, Ron March, Shelly Bos, and Lawrence Brennan and Janine Coe** .

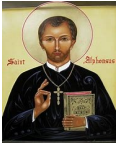
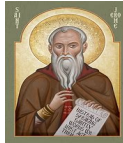
Let us also remember those who have recently died, especially **Bob Donaldson, Bill Lattimer, Karl Hennek and Jeff Whalen** and for those whom we continue to hold within the silence of our minds and hearts.

If you have someone you would like included in our Parish Prayer List, please let us know and we would be more than happy to add their names to the list above.

Monthly Meetings Within Our Parishes

| | | | | |
|------------------------------------|------------------|--|----------------|----------------------|
| K. of C., Brighton | (all 3 parishes) | 1st Wednesday | 7:00PM | Parish Hall |
| | Executive | 3rd Wednesday | 7:00PM | Parish Hall |
| C.W.L., Brighton | Executive | 1st Tuesday | 1:00PM | Parish Hall |
| | General | 2nd Tuesday | 1:00PM | Parish Hall |
| C.W.L. Wooler | Quarterly | 1st Tuesday | following Mass | Parish Hall |
| | | "M-J-S-D" / March, June, September, December | | |
| St. Vincent de Paul - 613-827-6040 | | 2nd Wednesday | 3:00PM | Parish Hall/Brighton |

St. Jerome's, Warkworth,
Holy Angels, Brighton,
&
St. Alphonsus, Wooler Parishes



Welcome you to
pray and grow with
and in God.
La Paz Contigo

Weekend Mass Schedule

- Saturday 4:00PM St. Jerome's, Warkworth
- Saturday 6:00PM Holy Angels, Brighton
- Sunday 9:00AM St. Alphonsus, Wooler
- Sunday 11:00AM Holy Angels, Brighton

Weekday Mass Schedule

May be found within the bulletin

Wishing To Receive Sacraments

Please contact the office in Wooler well in advance.

Anointing of the Sick & Communion to the sick and shut-ins, please call the office in Wooler.

Exposition & Adoration, First Fridays, following Mass in Brighton until noon.

Confessions at each church, 20 minutes before weekend mass and during adoration or upon request.

Diocesan Pastoral Centre
350 Hunter St. W.
Peterborough ON K9J 6Y8
705-745-5123

"Apart from the cross, there is no other ladder by which we may get to heaven."
-St. Rose of Lima

Contact Information

98 County Road 5, P.O. Box 10, Wooler, ON K0K 3M0
613-397-3189

Email: office@stalphonsuswooler.ca

Website: holyangelsbrighton.ca

Office Hours:

Tuesday & Wednesday - 10:00AM to 3:00PM

Office Administrator: Theresa Janiga

Amen: Athletes aim for excellence by isolating groups of muscles to exercise and strengthen. Musicians isolate musical passages and finger movements to practice and perfect their technique. Is there some part of the Mass we could isolate and "rehearse" as we "practice" our faith? Yes, many. But to begin with the humblest word (and humility is always a good place to start), give your "Amen" a workout. If you get used to putting your heart into this word, giving it all the weight it deserves, it will make room for the Holy Spirit to seal the word in your soul. We have all heard intellectual explanations of what "Amen" literally means: "so be it" or "it is true" are often given as English equivalents. More important, however, is the meaning for saying it: "Amen" is your way of assenting in your heart and soul to the prayer that has evoked a response. Many prayers are said by the priest on behalf of all present, and rather than concluding the prayer himself, the priest listens while the Body of Christ assents to what was expressed in the prayer, as many voices become one in saying or singing "Amen" in response. The unity of voices bears witness to all present of the unity of faith which is expressed throughout the Mass and is a sign to us of Jesus' prayer for unity becoming a reality. The "Great Amen" is said by all the people at the end of the Eucharistic Prayer at the heart of the Mass, often repeated three times. In concluding the priest's words, "all glory and honour is yours, forever and ever," the Amen of all present multiplies the glory given to God, Father, Son and Holy Spirit; it hurls our prayers glorifying God towards the heavens, joining it to the voices of the Church around the world and the saints above. It is so much more than simply a concluding formula; "Amen" itself is praise. To practice the "Amen muscle", listen carefully to the prayer that precedes it, consider the praise which is offered to Almighty God, or the thanksgiving reverently articulated, or the sublime truths of the faith poetically and joyfully expressed as you listen attentively to the prayer; then say "Amen" to this with your heart as well as your voice; with a joyful voice, a voice full of conviction and gratitude; and hear the voices of your brothers and sisters joined with yours in a unity of faith and praise. And be glad that God has invited us all into this Mystical Body which is the Church, a body united in heart and voice, to be a living sacrifice of praise in all that we say and do. (©Padre Piccolo)